

NAME: \_\_\_\_\_

*Giving:*



## FIXED VS. GROWTH MINDSET

When we are searching for something to give to another, it's easy to get in a fixed mindset about what giving means. However, not everyone needs a monetary gift, even though that's our go-to! Instead, use the space below to expand your giving.

### MONETARY

### TIME

### EMOTIONAL

*New shoes*  
*Tickets to a play*

*Go on a walk*  
*Game night w/family*

*Forgive and let go*  
*Honest conversation*

Blank lined space for writing ideas under each category.

Great! Now that you have some ideas, let's make a plan.

Who would I like to give to? \_\_\_\_\_

Which category (monetary, time, or emotional) do they need? What would be most meaningful to them? \_\_\_\_\_

What will I give? \_\_\_\_\_